

Name: Anita Tóth-Hosnyánszki

- Assistant lecturer
- Department of Gymnastics, Rhythmic Gymnastics, Dance and Aerobics
- Management mandate:
- Year of birth: 1985.08.11.

Qualifications, academic degrees

University degrees

- 2009-2013 Semmelweis University Faculty of Physical Education and Sport Sciences (TF), MSc
Aerobics master coach
- 2004-2009 Semmelweis University Faculty of Physical Education and Sport Sciences (TF), PE and Mental Hygiene teacher

Professional career

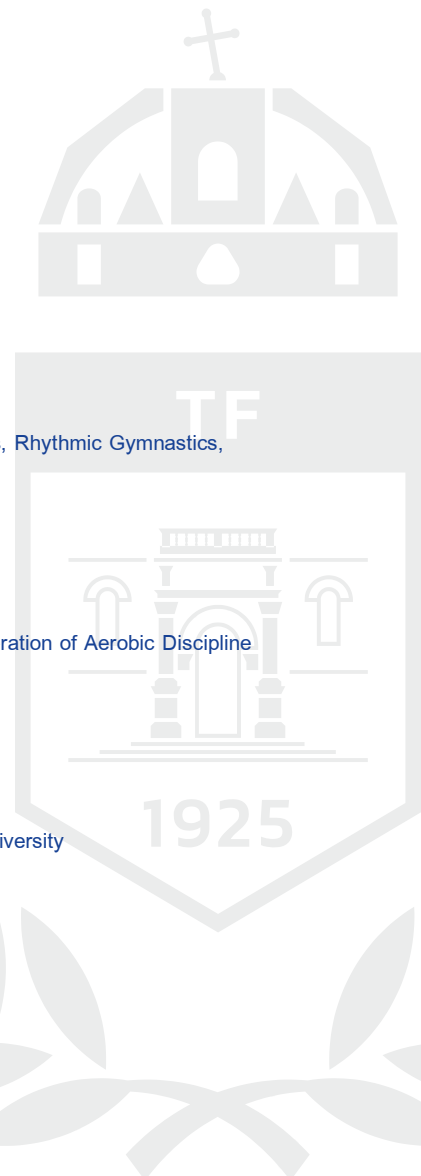
Previous and current jobs, positions and titles

- 2007. Works as an Aerobics trainer- Egészség ház fitnessz
- 2007- Junior coach in TFSE Aerobics Department
- 2009- Assistant lecturer in Semmelweis University- Department of Gymnastics, Rhythmic Gymnastics, Dance and Aerobics
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- 2010- 2013. Aerobics instructor in SOTE Sports Department
- 2012- 2014. Member of the Committee of Coaches in Hungarian Gymnastics Federation of Aerobic Discipline

Public activities at the university (board memberships, leadership positions)

- 2012-2014. Member of the Examination Committee in Semmelweis University

Key study trips, missions



- 2007. Erasmus Student Network- Józef Pilsudski University of Physical Education -Warsaw, Poland
- 2008. III. International Scientific Conference (Russian State University of Physical Education, Sport and Tourism, Moscow, Russia)
- 2008. CCUSA Programs, New Hampshire, USA
- 2012. 13PE Network-Intensive Program (IP), "Physical Education and a sustainable society"- Oradea, Romania

Awards, titles,

- 2008. Students Scientific Association (TDK), Budapest, SE-TSK, 2nd place Characteristics of the Athletes' Heart in Different Artistic Branches of Sports
- 2008. The 18th International Conference of Sport Sciences for Students, Budapest, SE-TSK, 3rd place, Characteristics of the Athletes' Heart in Different Artistic Branches of Sports
- 2008. III. International Scientific Conference, Moscow, Russian State University of Physical Education, Sport and Tourism

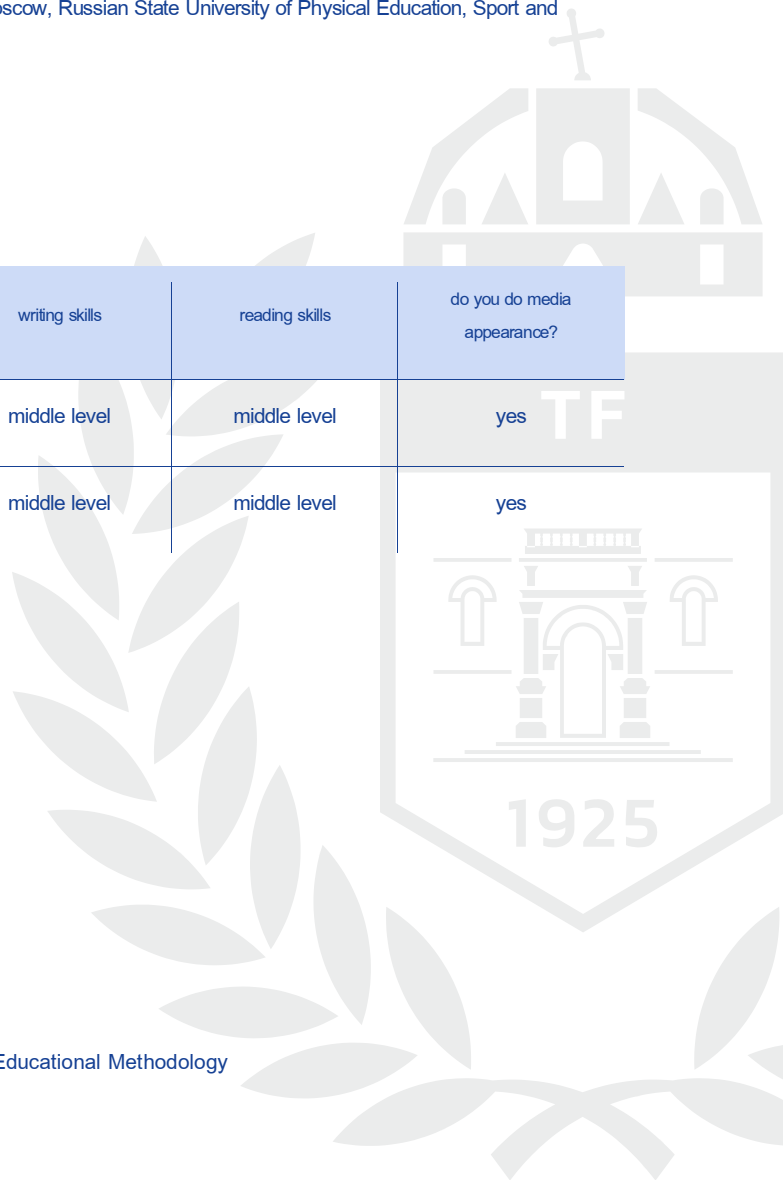
Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
german	middle level	middle level	middle level	yes TF
english	middle level	middle level	middle level	yes

Research, expert activities

Major subjects and topics taught

- Sport Exercise
- Thesis
- Sports theory and practice
- Rhythmic Gymnastics, Dance and Aerobic Educational Methodology



Current research topics

- Comparative analysis of aerobic gymnastics and gymnastics competitors based on a test of performance strategy (TOPS) 2023.

Former research topics

- Characteristics of the Athletes' Heart in Different Artistic Branches of Sports

Membership of a scientific or professional organisation or body

- 2012-2014 Semmelweis University Faculty of Physical Education and sport Sciences (TF)-Member of Study and Examination Committee
- 2012-2014 Member of the Committee of Coaches in Hungarian Gymnastics Federation of Aerobic Discipline

Publications

- Anita Tóth-Hosnyanszki, Borbála Bernadett Zala, Csaba Nagykáldi, László Tóth, Zsuzsanna Kalmár (2023): Comparative analysis of aerobic gymnastics and gymnastics competitors based on a test of performance strategy (TOPS) 2023.
<https://efsupit.ro/images/stories/may2023/Art148.pdf>
- Kőnig-Görögh D., Gyömbér N., Ökrös Cs., Tóth-Hosnyánszki A., Olvasztóné Balogh Zs., Szerdahelyi Z., Laoues N. (2018): Magyar élvonalbeli utánpótláskorú kézilabda játékosok személyiségvonásainak összehasonlító elemzése: *Magyar Sporttudományi Szemle* • 19. évfolyam 76. szám • 2018/4. 36-41.

Contacts

University residence

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- Phone number(s): +36-1-488-3016
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Other professional profiles

- LinkedIn:
- MTMT:
- Scholar:
- Other(s):



