



Zsófia Tróznai

- *Research fellow*
- *Research Center for Sport Physiology*
- *Year of birth: 1975*

Qualifications, academic degrees

University degrees

- *Faculty of Physical Education and Sports Science in the Hygiene Teacher Training Program, Semmelweis University Budapest, 2005*
- *Faculty of Teacher Training College in the Physical Education Teacher Program and Recreation Program, Eötvös Loránd University, 2002*

Academic degrees and titles

- *2024- PhD, Hungarian University of Sport Science*

Professional career

Previous and current jobs, positions and titles

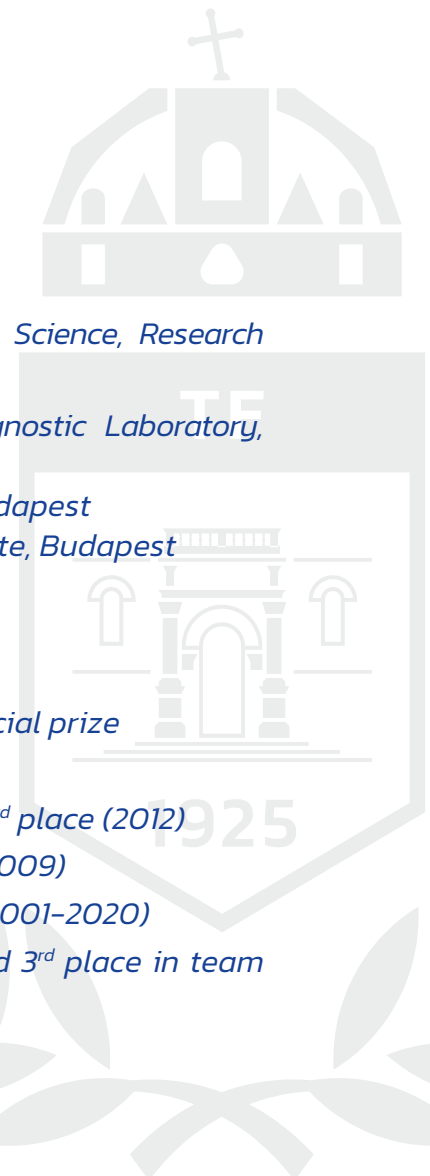
- *2019 Research fellow, Hungarian University of Sports Science, Research Center for Sport Physiology, Budapest*
- *2016–2018 Research fellow, Sports Science and Diagnostic Laboratory, University of Physical Education, Budapest*
- *2012–2016 research fellow National Sports Centers, Budapest*
- *2002–2012 assistant, National Youth Education Institute, Budapest*

Awards, titles, honours

- *(2000/2001 and 2001/2002) Republic Scholarship*
- *2000 International Scientific Student Conference, special prize*

In sports:

- *Racketlon World Championship (xd) 2nd place (2007) 3rd place (2012)*
- *Hungarian Championship, individual, 1st place (2007, 2009)*
- *Five-ball team 1st place (more than 10 times between 2001–2020)*
- *Badminton Austria Bundesliga II. 2nd place (2008) and 3rd place in team (2009)*



- *"Most successful foreign player of 25 years" title with the Austrian badminton team from Klosterneuburg (2011)*
- *Badminton National Individual Championship 2nd place (mx) (2001)*

Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	intermediate level	intermediate level	intermediate level	no

Research, expert activities

Major subjects and topics taught

- *Human Biology*
- *Badminton*
- *Table tennis*

Field and discipline

- *Sport Science*

Current research topics

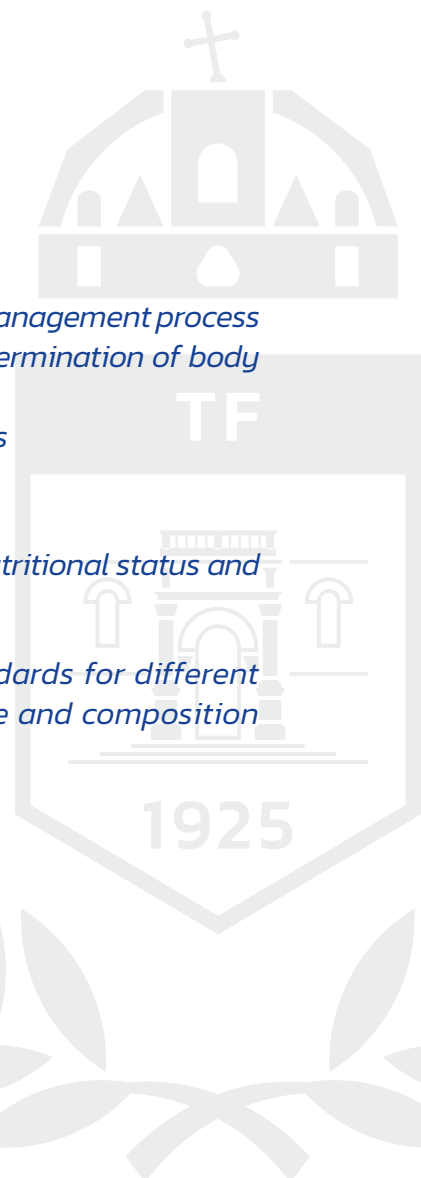
- *Examining factors determining the selection and talent management process in handball: the relative age effects analysis and the determination of body structure criteria*
- *Applicability of the 3D Vitus Smart Body Scanner in sports*

Former research topics

- *Examining physical development, biological maturity, nutritional status and motor performance of children (7–18 years old) in Jászság*
- *Collecting data to establish normative data and standards for different sports. Identifying size groups, patterns of body shape and composition to determine the characteristics of each sport.*

Membership of a scientific or professional organisation or body

- *Hungarian Society of Sport Science (MSTT)*
- *European College of Sport Science (ECSS)*



Publications

- *My publications in MTMT (Catalogue of Hungarian Scientific Works)*
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=authors10027192>

Contacts

University residence

- *Building: L4*
- *Room: 11*
- *Phone number(s): +36 1 488 1539*
- *E-mail address: troznai.zsofia@tf.hu*

Other professional profiles

- *ORCID ID: <https://orcid.org/0000-0002-4020-6447>*
- *ResearchGate: <https://www.researchgate.net/profile/Zsofia-Troznai>*

