



Kornel Sipos, MD, PhD

- Professor Emeritus
- Department of Psychology and Sport Psychology
- Management mandate: since 2012
- Year of birth: 1941

Qualifications, academic degrees

University degrees

- MD, psychiatry (Szeged Medical University, 1965, 1972)
- Clinical psychology (ELTE, Budapest, 1968)

Academic degrees and titles

- Candidate of medical sciences (1980) – health psychology
- PhD (1997) – Medicine

Professional career

Previous and current jobs, positions and titles

- Institute for Psychology of Hungarian Academy of Sciences (01/10/1965–14/09/1987) Academic scholar, research fellow
- Psychiatric Out-patient Institute (Dunakeszi) (01/12/1984–14/09/1987) Chief doctor
- 2 University of Physical Education (Budapest) 15/09/87–31/12/1999 Senior Research fellow/ Associate Professor, Head of Department of Psychology (1996–2006)
- Semmelweis University Budapest (01/01/2000–31/12/2014), Faculty of Physical Education and Sports Science Professor (01/07/2000–).
- Semmelweis University Budapest (02/06/2011–31/12/2014) – University of Physical Education, Hungarian University of Sports Science (01/01/2015; 28/09/2017–) Professor Emeritus

Public activities at the university (board memberships, leadership positions)

- 1 Member of Sports Scientific Doctoral School
- 2 Editor of former scientific university journal (Kalokagathia, 2010)

Key study trips, missions



- 1 Kazakhstan, Alma-Ata (today/Almati) V.M. Inyusin – A.S. Romen (1973)
Bioenergetics – Active Self-suggestion

2 Institute of Experimental Medicine of Academy of Medical Science of USSR (Leningrad (today/ St. Petersburg): 1973/1974: fellowship/6 months
Presentation of "KTD-11F" (Medicor) biofeedback equipment

Y. L. Hanin, A.M. Sviadosh

- *corresponding aspirant to attain scientific degree "candidate of medical science" (in Russian) 4 years (1976– 1980)*

Awards, titles, honours

- 1 Excellent Ph.D. Supervisor in 2012 (Semmelweis University), in 2023 (Hungarian University of Sports Science)
- 2 Szent-Györgyi Albert Award (2011)
- 3 Hepp Ferenc Memoria Medal (2011)
- 4 STAR Lifetime Career Award (2008)

Language skills

language	speaking skills	writing skills	reading skills	do you do media appearance?
English	Medium level	Medium level	High level	no
Russian	High level	High level	High level	no

Research, expert activities

Major subjects and topics taught

- 1 health psychology
- 2 psycho-regulation

Field and discipline

- 1 Hungarian adaptation of foreign language psychometric scales
- 2 Edition of scientific psychological works/journal

Current research topics

- 1 Anxiety and cerebrovascular status in Hungarian population
- 2 Rheoencephalography (REG) in the clinical practice

Former research topics

- 1 Clinical sport psychology
- 2 Psychophysiology



Key research

- 1 Health psychology – Health education
- 2 Rheoencephalography

Membership of a scientific or professional organization or body

- 1 Hungarian Society of Sport Science, founding member
- 2 Hungarian Stroke Association, founding member
- 3 Kálmán Sántha Foundation, (board member 1994–2001, 2023–)
- 4 Stress, Anxiety, and Resilience (STAR) Society. Representative of Hungary since 1993

Editorial board memberships and positions

- 1 Kalokagathia – Review of Faculty of Physical Education and Sport Sciences of Semmelweis University; 2010 (Editor)
- 2 Stress, Anxiety, and Resilience (STAR) conferences had been organized twice by Department of Psychology In 1991 and 2009 at our university
- 3. Society for Development of Audiovisual Culture, President (2016–)

Expert advisory activities

- 1 Medicor Works (1973–1980)
- 2 Mathias Corvinus Collegium (2021–)
- 3 International Committee for the Coordination of Clinical Application and Teaching of Autogenic Therapy (1977–1985)

Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works)
- Research Gate
- Google Scholar

Contacts

University residence

- Building: K1
- Room: 217
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- E-mail address: sipos.kornel@tf.hu

Other professional profiles

- MTMT:

